## **Bones**

by Tim G. Young

Got something inside me hard as nails keeps me walking upright ain't never failed it shifts with my muscles and cracks with my brain it takes me places like a long fast train

Keeps me running
not too tired to stop
gotta keep moving
ain't no time to drop
so if someday
I'm kissing the stars in the sky
my bones will lift me
and that's how I'll fly

my mama told me
when I was born
you take these bones with you
if you're off or you're on
I could never imagine
how loose I would be
if my bones ever decided
and let go of me

I'd fall to the floor like a puddle I'd lie so alone and dejected refusing to try but if in my soul I'd learn to rise again I'd have to find the strength to come back and then

My bones would sing like an eagle they'd soar rising to the occasion walking straight out your door It would be such a glorious day every ache and pain would just jump out of the way